



New Year, New Smile?

As we begin 2017, we begin to plan our resolutions for the year to come. *Rejoin the gym, eat healthier... go to the dentist?*

More than a quarter of people only visit the dentist when they are in pain or have a problem. Why not make your new year resolution a healthy, beautiful smile?



A beautiful smile consists of three important ingredients: nice shaped lips, white teeth and healthy gums.

Red, sore and swollen gums are a sign of gum disease and will affect your overall health and smile. Not only can gum disease cause dental problems, it is also linked to many diseases throughout the human body.



Our Hygienist, Yana is on hand to help with the health of your gums and teeth.

We recommend you see a Hygienist at least once every six months to remove plaque and tartar from the areas that you cannot reach with your toothbrush.

For a one hour hygiene session at only £95 contact us on 0207 940 0880.